

Quality  
Mind®

Life 

Activation Programs



**Achieve new levels of energy,  
clarity & confidence, as well  
as increased health, wealth,  
happiness & thriving relationships**

**TAKE THE JOURNEY. ADVANCE YOUR MIND. ENHANCE YOUR LIFE.**

PROUD BUSINESS PARTNER OF



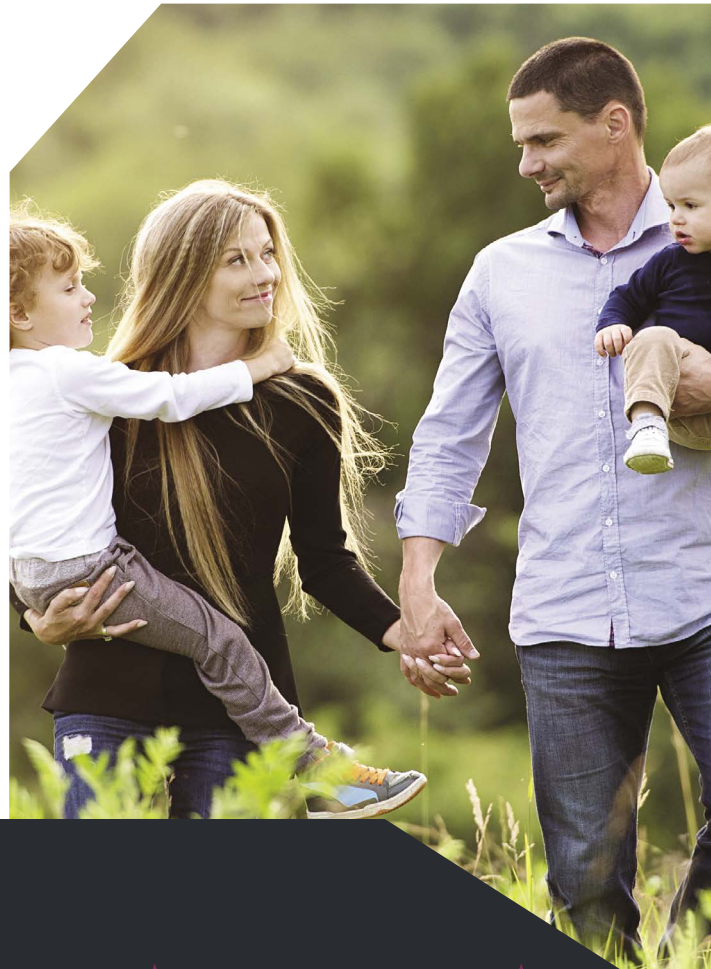
[qualitymindglobal.com](http://qualitymindglobal.com)



is a 5-step Life Activation System™ which arms you with the proven mental tools to achieve your ultimate goals and live your best life of peak success, fulfillment and optimal happiness

- ★ Are you seeking a happier, more fulfilling, successful and abundant existence? ★ Could your inner fears, uncertainty or limiting beliefs be preventing you from reaching your true potential?
- ★ Do you struggle to effectively manage stress, anxiety or overwhelm? ★ Are you wanting to evolve from GOOD to GREAT and excel in all areas of your life?

**THEN THIS PROGRAM IS FOR YOU!**



## Program Options EITHER LIVE OR ONLINE

### PERSONAL ACTIVATION SYSTEM™ PROGRAM



Unearth new levels of energy, clarity, and confidence, as well as increased health, wealth, and thriving relationships with our signature LIFE Activation System. It's a deep dive, with maximum human connection, and results that are significant, tangible, permanent, and **GUARANTEED!**

### 10 WEEK CHALLENGE



A fast-paced overview into our Personal Activation System™ that will result in improved confidence, passion, clarity, overall mental wellbeing, and happiness levels. Designed for anyone on the go who is wanting to fast-track the best version of themselves.

### KICKSTART ACTIVATION PROGRAM



Most of us love making goals and resolutions, but we so rarely stick to them. Whether your goals are related to wealth, health, travel, relationships, career, fitness, or lifestyle, this program provides you with an introduction to our methodology that will have you well on your way to success.

### FAST START MENTOR TRAINING PROGRAM



Are you looking for a rewarding online group coaching side hustle to significantly expand your income stream? OR are you seeking a new, rewarding and prosperous career as a member of a progressive global team? Either way, we can take you and your career to the next level.

This is NOT just another personal development program.

This is a **Personal & Professional Activation System™** with thousands of satisfied clients in 50+ countries, & 100+ 5 star ★★★★★ Google reviews

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# Individual Outcomes & Benefits:



Reduced Stress, Anxiety,  
Burnout & Overwhelm



Increased Energy,  
Passion & Purpose



Eliminate Unproductive  
Thought Patterns & Habits



Increased Ability to  
Manage Pressure



Become Happier,  
More Fulfilled & More  
Excited about Life



Increased Resilience  
& Mental Strength



Increased Confidence  
& Self-Worth



Advanced Direction,  
Focus & Clarity



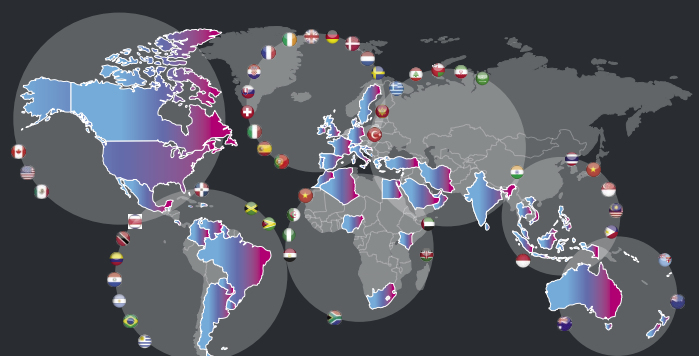
Improved Relationships  
& Communication



Become the VERY  
BEST VERSION of you!

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Servicing Clients in 50+ Countries



WE GUARANTEE RESULTS!

Join our ever expanding  
network of like minded  
individuals across the globe.



## Our powerful advanced methods feature:

- ▶ Customised App & Advanced Technology
- ▶ Personalised Mind Mentor Guidance & Support
- ▶ Global Community Connection
- ▶ Repetition & Reprogramming
- ▶ A Step-by-Step Proven Activation System™ incorporating:

- Neuroscience
- Positive Psychology
- Neuro Linguistic Programming
- HeartMath Institute
- Practices of Ancient Philosophies



## Client Reviews

★ QM is a Life Changing Program and I strongly recommend it! As a psychologist, I understand the science of motivation, but Quality Mind made it so simple and applicable. I am challenged personally to work on the roadblocks that are preventing me from achieving my ideal life. I am still using the app regularly after 2 years, and I love the variety and simplicity of it.

★★★★★ **BENEDICT LIM, INDONESIA**

★ This is by far the most effective program for change I have ever come across. If you are serious about changing your life, then this is the program for you.

★★★★★ **TREVOR HOLMES, UNITED KINGDOM**

★ I am so glad to have participated in this program. I have experienced a great deal of personal and professional growth and I have learnt many ways to improve all areas of my life.

★★★★★ **JANIENE SMITH, AUSTRALIA**

★ QM has empowered me into knowing happiness is a choice, and that the impact can be immediate once that choice is made.

★★★★★ **IRVING PAUL, USA**

★ A life changing program that has become engrained in my entire way of thinking, believing and achieving.

★★★★★ **DR TIARNA ERNST, AUSTRALIA**

Simply call **1300 QMLIFE or 1300 765 433**

Email us at **support@qualitymindglobal.com**

Find us online **qualitymindglobal.com**



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